



Inside This Issue

Obits	2
Book Reviews	5
Conservation Corner	6
Trip Reports & Activities	9-16
Community Events	17
At the Lodge	18
Upcoming	19
Calendar	19
<b>Features</b>	
Relief Mural	1
President's Message	2
Clearing Hiking Trails	3
Meissner	7
Wearing Lenses	8
Janet's Jottings	16
Picture of the Month	20

Dates to Remember

Oct 12	Annual Meeting
Oct 16	SciEd Tues
Oct 17	Board Meeting
Oct 25	Grounds Work Party
Oct 26	Potluck
Oct 28	Spencer Butte Trail Maint

Membership Dues  
Are Overdue  
See Page 2

Summer Camp 2008  
Announced  
See Page 19

## Dallas Cole Relief Mural To Grace Lodge Entrance

By John Jacobsen



Dallas Cole's rendering of projected Obsidian Lodge mural.

**D**URING THE LODGE open house last fall, I asked Dallas Cole if she might be interested in having some of her art work displayed. I had in mind adding a piece to our already fine lodge collection. Dallas was very receptive, but was concerned her genre of sculpture would be too heavy for our walls and would be better displayed outdoors.

As we talked and walked about the lodge, Dallas noticed the new retaining wall outside near the climbing wall and felt that would be a good place for her to do something. I agreed. What a great spot for a mural! Over the ensuing months I exchanged phone calls with Dallas (who now lives in Lake Oswego) about the idea in general and, more specifically, what might be good subject matter for a ceramic relief mural near the lodge entrance. Dallas is a very enthusiastic artist and soon came up with an interesting idea (and sketches) that incorporated whimsical animals in a forest scene.

But, for no apparent reason, the flow of conversation seemed to pause. Then, I received a concerned letter from her saying she was not pleased with trying to accommodate a bicycle rack in the design. After a quick phone call to Dallas and a good conversation we were back on track with Dallas suggesting that maybe a scene with Obsidians hiking along a trail (sans bicycle rack) would be a better subject for the mural. That sounded good to me!

At some point in late spring I received a package from Dallas, with a preliminary sketch (see photo above) of her idea for our relief mural. It showed two Obsidian hikers greeting each other along a trail by a waterfall.

**I LOVED IT!** Perfect! Now, what do we do? How long would it take? How much would it cost? Where would we get the money? Well, Dallas said she would donate her time and labor to design, sculpture, and fire the pieces, as well as supervise the installation. She estimated that cost of materials and the services of a mason to do the installation at around \$4,500.

At the July board meeting, I introduced Dallas' mural project and proposed that

(Continued on page 4)

## OBITUARIES

### *Kathryn Golly*

**KATHRYN A. GOLLY**, who joined the Obsidians in March of this year, died Aug. 22 of complications of multiple myeloma at age 56. She was born Jan. 31, 1951, in Astoria, to Dale and Myrtle Lewis Golly. She graduated from South Eugene High School and a nursing school; and worked as a nurse at Sacred Heart Medical Center and in Saudi Arabia.

Survivors include her parents; a sister, Susan Laufer of Hilo, HI; and two brothers, Nathan Golly of Bend and Steven Golly of Trinidad. Remembrances to the Willamette Valley Cancer Center.

## Membership Dues Are OVERDUE!

**I**F YOU HAVE NOT SENT IN your Obsidian membership dues for the 2007/2008 year, you are late!

Don't take a chance on losing the many benefits of membership, of which this wonderful Bulletin is one. Also, please consider one of the premium membership levels and help us repay the Endowment Fund!

**Annual dues - \$30**

**Checks payable to: Obsidians, Inc.**

Send along with Renewal Form to:

**Obsidians, Membership Chair**

**P.O. Box 51424**

**Eugene, OR 97405**

A membership renewal form was delivered along with your September Bulletin. It also can be downloaded from the member's only area of our website. Contributions to Contingency Fund and the Endowment Repayment Fund are welcomed, as well. Just add any donation amount to your dues check and specify which fund(s) you wish to donate to on the form. Also, indicate if you would be interested in leading hikes, winter trips, climbs or other activities; or if you wish to volunteer on any committees or in any other capacity.

-- Julie Dorland, Membership Chair

## President's Message:

*New Season Nears;  
Hop On, Take Part!*

*By John Pegg, President*

### **C**HANGE IS IN THE AIR.

As the earth tips slowly away from the sun, nights are a little longer and the slant of sunlight through the trees a little cooler. The forests and fields, having enjoyed the plenitudes of summer, wait patiently for a new season. While some of the best hiking and exploring is during cool Indian summer days, we anticipate change. We set out our fall and winter clothes; note that our skis might need a tune-up; and wonder where we put our wool cap and gloves. But this is also a time of exciting change for our club, and I urge you to be a part of it.

It is time to pay your dues and attend the annual meeting; or, perhaps, attend the annual meeting and pay your dues there. While the current board of directors and committee chairs sum up their accomplishments this past year, Obsidians will vote in three new board members.

Just as the seasons change, the schedule for summer trips and climbs soon draws to a close; to be replaced by a new winter trips schedule.

**IT IS TIME FOR YOU** to start thinking now about how you can contribute next year. Planning will soon be underway for new mountain climbs, hikes, bus trips, bicycle trips, extended trips, Obsidian events for the 2008 Olympic Trials and another great summer camp. Be part of the change this time and double your enjoyment as an Obsidian.

### *Obsidian Membership Report October 1, 2007*

Active Members .....	515
Associate Members .....	37
Honorary Members .....	2
Junior Members .....	22
Life Members .....	<u>21</u>
<b>Total Members .....</b>	<b>597</b>

## OBSIDIANS, INC

P.O. Box 322, Eugene, OR 97440

Website: [www.obsidians.org](http://www.obsidians.org)

### Board of Directors

President - John Pegg

Vice President - Jim Duncan

Secretary - Laurie Funkhouser

Treasurer - Stewart Hoeg

Marianne Camp Brian Hamilton

Anne Dhu McLucas Barb Revere

*Board meetings are held at 6 p.m. on the first Wednesday of each month, except August, at the Obsidian Lodge.*

### Committee Chairpersons

Byways-By-Bus..... Liz Reanier

Climbs..... Larry Huff

Concessions..... Laurie Funkhouser

Conservation..... Deb Carver

Entertainment..... Kathy Hoeg

Extended Trips..... Lana Lindstrom

Finance..... Stewart Hoeg

Lodge Building..... Brian Hamilton

Lodge Grounds..... John Jacobsen

Librarian/Historian..... Lenore McManigal

Membership..... Julie Dorland

Online..... Wayne Deeter

Publications..... Barb Revere

Publicity..... Ann Dhu McLucas

Safety..... Doug Nelson

Science & Education..... Joella Ewing

Summer Camp..... Jim Duncan

Summer Trips..... Janet Jacobsen/Barb Revere

Trail Maintenance..... Peter Green

Winter Trips..... Jim Pierce

Youth..... Scott Hovis

### *The* OBSIDIAN *Bulletin*

© 2007

Published monthly, except August. Articles, story ideas, letters to the editor and other editorial submissions may be emailed to:

[bulletin@obsidians.org](mailto:bulletin@obsidians.org)

Although email is preferred, submissions may also be sent to:

**The Obsidian Bulletin**

P.O. Box 51424, Eugene, OR 97405

For reprint rights, contact above.

### Deadline

**for November 2007 Bulletin  
Saturday, November 3, 2007**

### Assembly/Mailing Team

**For September Bulletin**

Marc Hansen, Yuan Hopkins, LaRee Beckley, John and Lenore McManigal, Vera Woolley and Lou Maenz, crew chief.

### Editorial Team

Writing & Editorial Staff ..... Janet & John

Jacobsen, Marshall Kandell & Barb Revere

Copy Editor ..... Marshall Kandell

Graphics, Design & Desktop Publishing....

Stewart Hoeg & John Jacobsen

Assembly & Mail Manager..... Lou Maenz



# Keeping Our Hiking Trails Cleared

Story and Photos by Chris Stockdale



Before



After

**W**HAT MAGICAL FORCE turned the blocked trail shown in the “before” photo into the cleared trail in the “after” shot? *HINT...It wasn't the tooth fairy!*

You can thank members of the High Cascade Forest Volunteers, a dedicated group who spend countless hours maintaining the hiking trails we all love to follow. Spearheaded by Judy Mitchell, a retired Forest Service employee who now puts in just as many hours as a volunteer, the HCFV is a group of forest lovers who willingly give many hours of their free time to keeping the trails clear of downed trees, repairing bridges and cleaning up illegal campsites at many of the wilderness lakes. Judy formed this group three years ago and now has close to 300 names in her database. These people come from a wide variety of forest users -- such as horsemen, llama packers, hikers and mountain bikers, all with the same desire of seeing our forests treated well.

This summer, I spent four days with a small group in the Diamond Peak Wilderness with the goal of clearing the Diamond View Lake trail, continuing on to Fawn Lake and finishing up on the Crater Butte trail. This was to be a work party assisted by llamas that would pack in most of our gear (that's the way to go backpacking!). I signed on as a llama-helper and trail-scouter.

**SEVEN LLAMAS** and 10 people set off in staggered groups up the Diamond View Lake trail from the Trapper Creek trailhead. Judy, Ron and Mike headed out first to clear trees so the llamas would have a smooth route. The rest of us caught up with them at the campsite at the lake. The llamas were staked out in the meadow area and the rest of us set up camp where we would spend the next two nights.

The following day, the work crew added Jess, one of the llama owners, while Marilyn, his wife, stayed behind to llama-sit. Holly, the other llama owner, also joined in as part of the trail maintenance crew. They set off early in the morning up the trail to Fawn Lake, carrying all the maintenance equipment. As we were in a wilderness area, the crew was unable

to use chainsaws, so all the work was done by muscle power.

I left a little later, hiking on my own up the trail to scout for fallen trees and other hazards. After passing the crew I kept going, notebook and tape measure in hand to record information about these hazards that I could pass back to the crew. I took a small sidetrip to check the trail to Stagg Lake (a beautiful lake right below Lakeview Mountain), before reaching Fawn Lake. There, I found an elaborate, but illegal, tepee-shaped shelter built out of logs and an abandoned camp chair festooning a campsite. Both of these items had to be dealt with before we left the area.

**ON MY RETURN** journey, I found the crew working hard to remove a large tree that had fallen across the trail at about head height. Most of us would just duck underneath, but as people on horses had already started making a trail around the tree, it had to be removed. I alerted them to the big mess that lay just ahead; not something they wanted to hear so late in the day. However, they all kept going and cleared that big mess before heading back to camp, totally exhausted.

The next day, I helped pack up the llamas and we followed the work crew as the latter finished clearing the trail to Fawn Lake. We set up camp on a small lake just down the Crater Butte trail heading toward Odell Lake. I explored further down this trail so the crew would have an idea of what to expect in the morning. I just covered about two miles and reported back the bad news that more than 75 trees were down; although the good news was the biggest was about 16" in diameter.

**AFTER ASSISTING** with the llama packing again on our final day, I continued to the trailhead at Odell Lake, discovering many more trees blocking the way. I climbed back up to meet up with the crew and give them this final report. Looks of anguish followed my announcement, but they all kept going. By the time they staggered out, they had cleared more than 200 trees over this weekend.

*(Continued on page 4)*

# Hiking Trails Cleared

(Continued from page 3)

And, yes, llamas spit, but usually at each other!

So, the next time you are hiking along a hazard-free trail somewhere in the Willamette National Forest, give a thought to these dedicated volunteers.

And consider becoming part of the High Cascades Forest Volunteers. The next training session will be held in May 2008. In the meantime, contact Judy Mitchell at [hayjudy@comcast.net](mailto:hayjudy@comcast.net); or go to the Willamette National Forest webpage and click on *Volunteering* in the administration index.



*Jaunty (above), part of the trail clearing llama string (left).*

---

## Dallas Cole Designs Relief Mural for Lodge

(Continued from page 1)

the Obsidian Board accept the retaining wall ceramic relief mural as sketched by her, with the funding to be provided by donor gifts. All funding would be done privately, with me coordinating the solicitation and collection of funds. The board was thrilled with the prospect of a Dallas Cole relief mural at the lodge and immediately approved the proposal.

Dallas has been busy since July on what I am coming to realize is a big undertaking on her part. I called her recently to see how things were going and was amazed at what was happening. She has bought a half-ton of clay (there's your Pioneer Dark Clay and the Mt. St. Helens ash to use in the glaze wash and I can't remember all the other stuff). The car has been moved out of her garage to make room to work; and the kitchen table has been drafted into the cause as well. And the details...remember to allow for the 10% shrinkage that occurs during the firing (make that two firings for each of the 60 to 70 fired pieces), plus there is

all the "found" stone to be used for things like the rock trail. Firing of the pieces is underway and when asked when we might think about the installation, Dallas says probably next spring sometime. Wow!

**DALLAS COLE** is a professional artist. When she lived in Eugene, she sculpted three large ceramic relief murals. The pieces are at the Community Conference Center opposite the Hult Center, at the Eugene Relief Nursery and Eugene Public Utility District offices off Seavey Loop. On your way out to hike up Pisgah, take time to drive into the EPUD parking lot and see the series of bas-relief tree trunks along a 60-foot wall. They are majestic.

Dallas has been an Obsidian since 1981, has served on the board and was club president in 1986. She also served as chair of the Conservation Committee where, in her words, she "was the Obsidian conservation chair that half the club objected to and I still write angry letters to Administration offices about enviro-conservation matters. I think

### Would You Like to Help?

**YOU CAN HELP** fund the materials and installation costs of this special ceramic mural by Dallas Cole. Donations are being handled privately, with the mural being a gift to the club from Dallas and those who choose to contribute. If you would like to contribute to this wonderful addition to the Obsidian Lodge's art scene, please contact John Jacobsen at (514)343-8030 or [johnwjacobsen@comcast.net](mailto:johnwjacobsen@comcast.net).

Gale Norton resigned partly because she was sick of hearing from me." Incidentally, Dallas hasn't changed much. In my latest telephone call from her, she bugged me unmercifully to include a "YES on 49" ad in this story if I wanted her continued cooperation. So there's the plug... and the project is saved... once again.



## *Topping Off Tall Trees With Three Cups of Tea*

*By Velma Shirk*

**Three Cups of Tea by Greg Mortenson and David Oliver Relin. Penguin Books 2006. \$15.00**

**O**NCE YOU MEET Greg Mortenson, you will want to follow his story all the way. After an attempted climb of K2, Greg fell behind his porter/guide and strayed from their route down the Balti glacier. At about the end of his endurance, he stumbled into the village of Korphe. The kindness of the people who cared for him, and their primitive situation, aroused his sympathy. What they wanted most was a school and a teacher for the children. Greg vowed to come back and help them build a school. And, so begins slow progress toward this goal.

Greg is a trauma nurse in San Francisco, sleeping in his car to save money for Korphe's school. He tries to raise money by laboriously typing letters to every "rich" person he can think of. Sometimes life, luck and chance meetings do reward worthy supplicants. This is Greg's story (he's now director of the Central Asia Institute), whose inspiration and perseverance have brought about the building of many schools in Pakistan and Afghanistan.

And, *Three Cups of Tea?* Haji Ali, Korphe's nurmadhar, told Greg to quell his impatience and to seek assistance and counsel of his hosts. "The first time you share tea with a Balti, you are a stranger. The second time you take tea, you are an honored guest. The third time you share a cup of tea, you become family and, for family, we are prepared to do anything, even die....Dr. Greg, you must take time to share

three cups of tea. We may be uneducated. But we are not stupid. We have lived and survived here for a long time."

"That day, Haji Ali taught me the most important lesson I've ever learned in my life," Mortenson says.

\* \* \*

**The Wild Trees, by Richard Preston. Random House 2007. \$25.95**

**R**EMEMBER WHEN you were a kid and climbing trees was your passion? For some adventurers this never ends, and may become their adult avocation or vocation. Preston recounts stories of tree climbers who are searching for the tallest tree, the biggest tree; or who are developing three-dimensional maps of the giant trees; or who are identifying the flora and fauna that inhabit these host trees, high in their canopies. A "wild tree" is a tree that has never been climbed or explored.

Borrowing the gear and techniques of rock climbers and arborists, and inventing some of their own, these daring adventurer/researchers climb to the crowns of 350+ foot trees. They swing between branches using spider ropes or spider rig. They sling "tree boats," hammocks for camping in the crowns, and they brave the storms that move in from the Pacific and catch them high in the sweeping branches.

You will recognize the locale of the story: mostly the Pacific Northwest; and the trees they climb: Doug fir, redwood, sequoia. This is nonfiction that reads like an adventure novel. Prepare for vicarious thrills.

## *Reading These Books Left Me "High" and "Dry!"*

*By Janet Jacobsen*

**No Shortcuts to the Top: Climbing the World's 14 Highest Peaks, by Ed Viesturs with David Roberts. Broadway Books, 2006. \$23.95**

**E**D VIESTURS is well known in climbing circles as a cautious climber. For those trying to remember where they heard his name, he was on the 1996 Mt. Everest IMAX team where several of his friends died. For 18 years, Ed has worked hard to climb the world's 14 8,000-meter peaks without the aid of bottled oxygen.

He begins his book with his climb of K-2; where, after several exciting mishaps, the team (including Scott Fisher) is going to make a final summit attempt. Ed's instincts told him to turn back when it started to snow and they still had four to five hours to go. He kept going and they did make it to the top, but on the way down they almost lost their way in thigh deep snow. Ed said to himself, "Ed, you've just made the last mistake you'll ever make." Things did get worse. You'll have to read the book. Ed says pushing to the summit was a mistake. You need to listen to and trust your instincts.

From the midwest, Ed got his veterinary degree in Washington while learning to climb. He became a Rainier Mountain guide. After several long expeditions, he gave up his vet career and devoted his time to working to raise money to climb. His personal takes on the climbing scene in Seattle are enlightening. Eventually, he was able to support himself through corporate sponsors and motivational speeches. His descriptions of his climbs, his successes and his failures make for an up close and exciting adventure. The narrative for each climb is easy to follow. Non-climbers will enjoy his anecdotes and personal reflections. He even describes how one eats, sleeps and goes to the bathroom when wearing bulky clothing. The support of his wife and three children is woven into his pursuit of his lifelong dream.

**HIS MOTTO**, "*Reaching the summit is optional. Getting down is mandatory,*" is heard again and again as he describes errors and close calls. He turned back 10 times; four times on Everest and twice on Annapurna, his nemesis (but, on May 12, 2005, he summited his 14<sup>th</sup> peak). He wrote in his diary, "Today we did it! Un-be-lieve-able! Dream come true!"

*(Continued on page 6)*

## Are We Approaching Another “Silent Spring?”

*The following is excerpted, with permission, from a personal opinion column by Obsidian Pat Bitner in the October issue of “The Quail,” the Lane County Audubon Society’s newsletter. Pat is the society’s conservation chair.*

*By Pat Bitner*

**RACHEL LOUISE CARSON** (May 27, 1907 - April 14, 1964) became famous as a naturalist and science writer, most notably with “*Under the Sea Wind*” (1941) and in 1952, “*The Sea Around Us*.” She held an M.A. in zoology from Johns Hopkins and spent a career in government service, first with the U.S. Bureau of Fisheries and a 15-year career as a scientist and writer for the U.S. Fish and Wildlife Service.

However, most of us remember Rachel Carson for a book which literally turned around the chemical industry’s very profitable march toward ever more destructive pesticide use. “*Silent Spring*” embodied, as did all her writing, “the view that human beings are but one part of nature distinguished primarily by their power to alter it, in some cases, irreversibly” (Linda Lear, 1998, Carson biographer). Rachel

Carson is, without doubt, primarily responsible for the survival of many species of birds. The bald eagle, our national bird, owes its remarkable return from the brink to the outcry precipitated by Miss Carson’s “*Silent Spring*” and the outlawing of the use of DDT.

---

***“In nature, timing is everything; it’s like a symphony that’s ruined if one instrument comes in at the wrong time.”***

**-- Biologist John Weishampel, Univ. of Central Florida**

---

Now, our planet is facing an even more ominous threat, and it isn’t far in the future. Global warming is now accepted by nearly every responsible scientist as something that is occurring at an increasing pace right here and now. To Audubon members, birds are a species of prime concern. And, now, some research is coming forth which shows that many birds are already being affected by climate change.

*(Continued on page 8)*

---

## Books Reviews

*(Continued from page 5)*

With the death of so many of his climbing friends, it is difficult not to focus on the risks of climbing. Ed doesn’t see himself as a risk taker, but as a risk manager. He knows he needs to train harder so he will have more endurance and be quicker. He says one should not be swayed by the crowd or become complacent. At 47, he knows there are “lower” mountains that are still intriguing. The book is available at the Eugene Public Library. If he ever hits the Eugene lecture scene, this would be one not to miss.

\* \* \*

***Oregon’s Dry Side: Exploring East of the Cascade Crest*, by Alan D. St. John. Timber Press, 2007. \$29.95**

**N**ATURALIST and photographer, Alan D. St. John, shares his little known favorite places in central, southeastern, and northeastern Oregon. An armchair traveler can savor the trip through his descriptions and stunning photographs. For anyone exploring the dry side of Oregon, this is a welcome natural history field guide to adventure, sights and the history of the people and land. Rick Ahrens, my husband John and I used it as a guide for our four-day trip following the Obsidians’ recent Malheur National Wildlife Refuge birding trip. For example, St.

John has a six-page descriptive tour of the Alvord Basin, suggesting where to drive, what side road to take and what wildlife to expect. One of his suggestions was to hike to the unmarked Nature Conservancy’s Borax Lake Preserve, where one might see the two-inch golden-tan Borax Lake chub. His narrative directions are general and personal and not intended to be an in-depth guide for every twist and turn. I would recommend one also have Bill Sullivan’s 100 Hikes in Eastern Oregon for specific directions with maps. The two books are an exceptional combination for planning and locating.

The next day, at Hart Mountain, St. John plans a perfect day with early and late wildlife viewing at Petroglyph Lake, along with a day hike to the crest of Poke Jim Ridge. Sullivan’s book offers an alternative for hiking to the lake and ridge, along with excellent maps. St. John’s descriptions were so engaging we had to explore Summer Lake, Christmas Valley, Crack in the Ground and the Lost Forest. Again, we used Sullivan’s book for the maps and other details.

With descriptions like, “In the cloudless blue sky a red-tailed hawk soars, its telescopic vision searching the sagebrush flats for Merriam’s ground squirrels,” one can’t help but want to head for the dry side with books and binocs. Alan D. St. John resides in Bend. His previous book was “*Reptiles of the Northwest*.” Some might remember him from his presentation at the Natural History Museum.

## Meissner Sno-Park Named for Former Obsidian

**V**IRGINIA MEISSNER was born in Salem, Oregon in 1925. As an only child she spent much of her time with her father fishing the streams and rivers around their home. This is where her great love of the outdoors first began. As a student at the University of Oregon, she joined the university's outdoor club and the **Obsidians** and climbed all of the major peaks in Oregon. During winter weekends she would spend time skiing at Willamette Pass ski area where she eventually met her husband Jack Meissner. Virginia was soon an avid skier and competed in several cross country ski races. Jack and Virginia married in 1949 and spent winters teaching skiing at Willamette Pass and summers on Odell Lake at Shelter Cove Marina while raising three active children: Julie, Jane, and Ernie. Skiing was a large part of the Meissner family. So much so that Jack built a rope tow in their backyard for the children to use.



In 1958, when Mt. Bachelor first opened as a ski area, Jack and Virginia taught alpine and cross country skiing and commuted to the ski area from Odell Lake on the weekends. Several years later, Jack was named director of skiing and together Jack and Virginia bought and owned the Ski School at Mt. Bachelor and moved the family to Bend in the winters. Over the next 10 years, both gained professional prominence in the Professional Ski Instructors of America.

Gradually, cross country skiing gained more of a place in Virginia's life and she began to teach it exclusively for Central Oregon Community College in addition to teaching hiking and cycling. Throughout the 1970s and 1980s she taught hundreds of Central Oregon residents the joy of cross country skiing. As a teacher she was known for her deep love of the outdoors, great patience and bound-

less encouragement. Virginia wrote several popular guide books: *Cross Country Ski Tours in Central Oregon* (1984), *Day Hikes in Central Oregon* (1981) and *Hiking Central Oregon and Beyond* (1987).

**HER EXPERTISE** was used to design trails in and around Swampy Lakes, Dutchman Flat and Vista Butte. In the early 1970s she and several other Bend residents formed the Central Oregon Nordic Club - the second chapter of the Oregon Nordic Club to be formed in the state and served as president. With the leadership of Virginia, the club was instrumental in convincing the U.S. Forest Service to designate the area adjacent to Swampy Lakes and Meissner Sno-Parks and north of Cascade Lakes Highway non-motorized. To this day, we enjoy the area around Meissner Sno-Park free of motorized vehicles. Virginia died of cancer in May of 1988. Before her death she persuaded state and federal agencies to create a Sno-Park along the Cascade Lakes Highway. Posthumously, the U.S. Forest Service named the Sno-Park in her memory.

Virginia's legacy is demonstrated everyday on the ski trails at Meissner Sno-Park. Families, children, beginning skiers, enthusiastic high school skiers, Olympians and master-aged skiers enjoy affordable skiing in a community setting. It is here they learn a love of the sport and the outdoors.

Obsidian Historian Lenore McManigal reports that, "Virginia Meisner joined the club under her maiden name of Tomkins. She was quite active in the club and led her last trip in 1962, which was a trip up Cowhorn Mt. She became the 60th Princess in 1947, with the name of Princess Powder Snow. She also did a lot of climbing - - Three Sisters, Diamond Peak, Three Fingered Jack, Mt. McLoughlin, Mt. Hood and Mt. Washington. She also made three cross country ski trips and 15 hikes.

For more on Meissner Sno-Park, see:

<http://www.tumalolanglauf.com>.





# If You Wear Lenses, Take Extra Precautions



By **Kristin Hostetter**  
Special to the *Seattle Post-Intelligencer*

**A FEW YEARS AGO** I was high up in New Hampshire's Presidential Range with a group of people who were helping me test backpacks for Backpacker Magazine. It was a gorgeous fall day, the sky was cotton-candy blue and the six of us were on our hands and knees, scouring the scree slope for Heather's lost contact lens.

After blowing about an hour and a half of prime hiking time, we gave up and headed back to camp. Heather, who had neglected to pack a spare pair, squinted and blinked her way through the rest of the week. "Never again," she proclaimed at trip's end, "will I be caught on a trip without some backup contacts."



*Kristin Hostetter*

**IF YOUR VISION** is less than perfect, you've got to deal with a few special considerations on a hiking trip, so here are some tips:

## If You Wear Contacts

- Be sure to wash your hands thoroughly before touching your eyes or contacts. A microscopic speck of dirt between lens and eyeball is painful and can further damage your eyesight.
- Be sure to pack a cleaning solution in a leak-proof bottle. If you run out, boiled and cooled water works better than nothing.

- In cold weather, be sure to bring your lens case inside your sleeping bag at night.
- When putting contacts on or taking them off, lie belly down on your sleeping pad. If you drop a lens, you'll be able to find it in a snap.
- Talk to your eye doctor about extended-wear lenses, which would allow you to skip a few days of cleaning.

## If You Wear Glasses

- Always have a bandanna handy for cleaning your lenses.
- When you remove your glasses, be sure to store them in a hard plastic case. When you get up to answer nature's call at 2 a.m., you don't want to hear the sickening crunch of glass.
- Be sure to wear eyeglass retainers (those things that secure glasses to head) during the day. As you lean over a cliff to marvel at the drop, you don't want your glasses to take a free-fall.
- It's not a bad idea to pack one of those tiny eyeglass repair kits, just in case. They weigh next to nothing -- just tuck one into your first aid or repair kit and you're covered.
- Be sure to have a supply of duct tape on hand for frame repairs.

*An outdoors writer for the Seattle Post-Intelligencer, Kristin was Backpacker Magazine's gear editor for seven years and continues to write for that publication. See:*

<http://backpacker.com/experts>

*She has generously allowed the Obsidian Bulletin to reprint her Seattle P-I articles.*

## Conservation Corner

*(Continued from page 6)*

**A RECENT REPORT**, "*Global Climate Change and Wildlife in North America*" published by The Wildlife Society, gathers results of hundreds of studies that forecast consequences of global warming. It warns of the possible disappearance of some wildlife habitats, including New England's conifer forests. We have had ample warning of the disappearance of arctic ice and its effects on polar bears. A November 2004 report from the Pew Center for Global Climate Change finds that Mexican jays in southern Arizona breed 10 days sooner than they did in 1971; barn swallows nationwide are nesting about nine days sooner than

in 1959. In each case, the species' behavioral change coincides with a temperature increase.

A biologist in the Rocky Mountains, David Inouye, has discovered that American robins are arriving to breed two weeks earlier than in the late 1970s, apparently in response to warmer temperatures in their low altitude winter habitat. But, when they arrive in Colorado's 9,000-foot mountains, things have not changed so fast: they must wait for the snow to melt before they can feed and begin to breed.

**NEOTROPICAL SONGBIRDS**, which travel long distances between wintering

and breeding habitats, face even greater challenges. These birds "are coming from the tropics, a place that's experiencing relatively minor changes, to one that's been altered significantly by global warming," explains ornithologist Peter Marra of the Smithsonian Environmental Research Center. "There's no way for them to know what the climate is like thousands of miles to the north." And the scientists' reports are just beginning to come in.

As you read this, I will be in Monterey, attending California Audubon's Conference on Global Warming. And I'll report the highlights in a later issue of "*The Quail*." I'm hoping for an inspiring and informative experience.





## Hikes

### **Clear Lake**

**May 28, 2006**

**Leader: George Baitinger**

**5.5 miles, 200 ft. (Easy)**

**T**HE DAY WAS MISTY, rainy and cool: a classic Cascade Mountains spring day for a walk around the lake. The hikers were members George Baitinger, Sherwood Jefferies, Julie Dorland, George Jobanek, Daphne James and Sylvia Shaw; and nonmembers Debbie Hibbard, Jim & Kathleen Floyd, Rhonda Nowell and Emese Foss.

### **Mount Pisgah**

**May 27, 2007**

**Leader: George Baitinger**

**5 miles, 1,000 ft. (Easy)**

**THE HIKE WAS** originally scheduled for Clear Lake, but since it was raining at the parking lot and gas prices were high, my two participants and I came to the agreement that we should climb Mt. Pisgah instead. We ascended the usual route and descended the south side, which was quite steep and slippery from the rains. The only real thing of note was the flock of turkeys that greeted us about half way into our descent. The hikers were members George Baitinger and Linda Hovey and nonmember Fred Weeks.

### **Deception Butte**

**June 9, 2007**

**Leader: Ed Lovegren**

**8 miles, 2,600 ft. (Difficult)**

**THIS TRIP STARTED OUT** on a good note. Rain was forecast, but didn't start until we were in the cars on the way back. Also, there was only one "no show." (One too many, with no notice given.) The regular trail start, on the north side of Deception Creek, is abandoned and the bridge is gone. A new trail, branching off the Oakridge Fitness Trail, which starts a short way up Deception Creek Road, is nearing completion and a new bridge has been built. We were able to access the original trail above construction, from a temporary trail, 0.7

miles up the road (yellow ribbon). After crossing the new bridge, the trail gets serious. Steep sections; rough, irregular sections; fairly long stretches with serious drop offs; and a couple of challenging downed trees to negotiate. However, a very interesting and worthwhile hike. The summit is wide and open with views to the north (unlike Mt. Hardisty). One hiker had problems with balance, etc., and had to be closely monitored (up to and including hanging on to her pack) to prevent falls from becoming disasters. Mel was a great help in assisting me with this serious problem. Not a dangerous trail, but being surefooted and careful is necessary in places. On the return, most of the group went ahead and pioneered the new trail section below the bridge and found it to be mostly complete with only one short, difficult part unfinished. I hope I can lead this trip next year and see the completed section. All in all, I believe almost everyone enjoyed the hike. Hikers were members: Mari Baldwin, Paul Flashenberg, Ed Lovegren and Mel Zavodsky; and nonmembers Virginia Hambley and Georgann Pasnick.

### **Clear Lake**

**July 11, 2007**

**Leader: Sharon Thomas**

**5.5 miles, 200 ft. (Easy)**

**THE WEATHER WAS IDEAL** and it was a wonderful opportunity to showcase our Oregon Cascades to folks who had never seen them before. The conversation was lively as we made new friends and looked for eagle nests and other interesting possibilities along the trail. We stopped for lunch at a very blue pool where one of our members (name withheld by request!) took a dip in the VERY refreshing water. It was a lovely day and a great hike in all regards. Members: Dick Hildreth, Ruth Romoser, Caryl Smartt and Sharon Thomas. Nonmembers: Courtney Abbott, Zola Ehlers, Kurt Koivu, Vicki Levine and Sam Riddle.

### **McCully Basin (Wallowas)**

**August 3-5, 2007**

**Leader: Bill Sullivan**

**15 miles, 5,000 ft. (Difficult)**

**WE BEAT THE CROWDS** in the Wallowas by hiking to a beautiful basin with meadows and creeks, but no lake. As a result, we were the first to camp at McCully

Basin for the entire year, even though the trailhead is just seven miles from Joseph. After hiking in five miles we bushwhacked 100 yards to the meadows and camped in adjacent woods with mountain views. Gentians and other flowers bloomed by the creek. On Saturday we bushwhacked up a steepish, scenic ridge to summit Aneroid Mountain (at 9,702 feet, one of the state's tallest peaks), signed the register, then returned to camp a different way. Sunday, most of us returned to the cars, but a group of three continued for two more nights to Big Sheep Basin, a similarly quiet, overlooked Eden. The trip was nice enough; you can expect McCully Basin to appear in the second edition of *100 Hikes: Eastern Oregon*, due out next spring. Members Paul Brown, Scott Hovis, Chris Stockdale and Bill Sullivan; and nonmembers John Halpern, Janell Sorensen and Tom Warner.

### **Scott Mountain**

**August 4, 2007**

**Leader: George Baitinger**

**10 miles, 2,200 ft. (Difficult)**

**SINCE THE OLD MCKENZIE Hwy.** was closed for maintenance, I took the alternate route from the Tenas Lake trailhead on the east side of the mountain. The trail gets very little use and for most of the way, it was quite obscured by bear grass. The weather was pleasant and warm. This route was a good alternative to the usual approach from Scott Lake. All members enjoyed the usual stop at Tenas Lake on the return trip where some engaged in swimming while others cheered them on. The hikers were members George Baitinger, Dick Hildreth, Elle Weaver, Norma Bengiat, Jim Fritz, Walt Dolliver, Dan Christensen and Barbara Boylan; and nonmembers Caroline Forell, Brad Bennett and Carol Armstrong.

### **Heceta Head/Hobbit Trail**

**August 10, 2007**

**Leader: Sandra Larsen**

**7 miles 400 ft. (Moderate)**

**AFTER PARKING** at Washburne State Park, our group of enthusiastic hikers walked south on the beach toward the Hobbit Trail. Some of the group had never done this hike before and it is always fun to introduce it to new people.

Not only was the sun shining at the coast, but it was warm, with no wind. Perfect weather the whole day. We met various out-of-state people on the trail and had short chats with them. A couple of people brought their cameras and had several photo ops. Upon reaching the lighthouse we had lunch and three people went on the free tour. The return route was still cool enough to be pleasant and we looped back along the China Creek Trail, through the campground to our cars. Eleven-year-old Jordan Lewis was a very strong, fast hiker on his first Obsidian trip with his grandmother, Joyce Smith. This was Carol Armstrong's third qualifying trip. Members: Sandra Larsen, Ginny Reich and Bonnie Richman. Nonmembers: Carol Armstrong, Marcie Bushnell, Jordon Lewis and Joyce Smith.

### **Metolius River** **August 18-19, 2007** **Leader: Jim Fritz** **12 miles, 800 ft. (Difficult)**

**WHEN A LOW PRESSURE** system was forecast to move into the NW and rain Saturday night, I changed the campout location from Golden Lake at 6,600' elevation to a lower car camp at Riverside Campground between the head of the Metolius River and Camp Sherman. After pitching camp, we (Bob "nonmember" Howarth and I) viewed the "head" (source), then drove to Camp Sherman, where the trail begins across the street from the only store. We hiked in perfect weather far beyond the second road bridge, where the trail wanders from the ever-steepening bank into a rhody and manzanita woods far from the filtered, multi-dimpled river. Back to our tents at 7, we dined as the high front quietly grayed the sky. It rained 1/2" as we slept. After breakfast and breaking camp, it drizzled briefly as we drove to Black Butte and found the gravel road had been washboarded by the rain. The intense car vibrations stopped as we parked where the lower loop trail crosses the road. We hiked to the south and returned to Eugene on the McKenzie Hwy., stopping at Belknap Springs for salmon burgers.

### **Tam McArthur Rim** **August 25, 2007** **Leader: Judith Terry** **6 miles, 1,200 ft. (Moderate)**

**WANT A GOOD VIEW** from Mt. Bachelor to Mt. Adams? Go to Tam McArthur Rim. That is what four Obsidians and

three nonmembers did on a beautiful cooler August day. The trail had a rather steady stream of hikers, old and young, plus a little 91-year-old dog (in people years). We had a pleasant lunch on the plateau. Obsidian hikers were Walt Dolliver, Brenda Kameenui, Guy Strahon and Judy Terry. Nonmembers were Diane Kurz, Jon Tesdell and Sandra Wheeler.

### **Vivian Lake** **August 25, 2007** **Leader: Charles Durham** **8 miles, 1,600 ft. (Moderate)**

**FIVE HIKERS** left Eugene for a date with nature (and with Rod Wood, who met us at the trailhead). We departed the trailhead at 9:40 a.m. and were on Vivian Lake Trail by 10:30. With sweat and grit we hiked up a steep 1 1/2-mile trail next to Fall Creek. The sound of rushing water from the creek had a cooling effect, which made the hike quite refreshing. With a brief stop at Fall Creek Falls for photos, we arrived at Vivian Lake at 11:30. The weather was perfect, with no mosquitoes. We hiked the north side of Vivian to view Mt. Yoran, then the south side for lunch. During lunch we were entertained by small water snakes, tiny green frogs and Brad Bennett, who braved the cold water for a swim, but was unable to get anyone else to join him. After lunch we started our hike back, picking a few huckleberries on our way down to Diamond Creek Falls and around the north loop of Salt Creek Falls trail. Members Charles Durham, Brad Bennett, Rod Wood and Cork & Carolyn Higgins; and nonmember Dave Compton.

### **Drift Creek** **August 25, 2007** **Leader: Becky Lipton** **8 miles, 1,400 ft. (Moderate)**

**ON A PERFECT** August day, a five-point bull elk and his two female companions crossed the Forest Service road just in front of us on our winding drive into the Coast Range. That alone would have made our day, but we were blessed again with the sounds of crashing through the undergrowth and the sight of small trees thrashing as a much larger gathering of elk broke cover just below us on the trail into Drift Creek. As we moved further down the trail the evidence was clear they had left in a hurry. Much broken greenery and hoof-gouged trail and embankments suggested a fair-sized group

moving in haste, without caution. Five happy hikers arrived at the magical Drift Creek, where we enjoyed lunch, lounging and watching the red crayfish in the clear waters. Members: Ken Augustson, Larry Dunlap and Becky Lipton; nonmembers Art Kearney and Dell Keller.

### **Constitution Grove/ Shale Ridge** **August 26, 2007** **Leaders: Chuck Eyers and Julie Dorland** **9 miles, 200 ft. (Moderate)**

**WE STARTED** at Constitution Grove, so called because the trees there are as old as the Constitution. The grove has plaques with the names of some of those integral to the creation of the Constitution. The path follows the river for part of the way. We arrived at Shale Ridge in far fewer miles than we had anticipated (Forest Service miscalculation), so we continued down to Skookum Creek, where we enjoyed lunch. It was a pleasant day. Except for wasps, we saw no wildlife. Three members of the group were stung, so beware! I saw the biggest Douglas fir trees I think I have ever seen in Oregon. And, I saw the most unusual trail sign: *Constitution Grove/1 mile/No!* Hmmmm, what am I to make of that?!? We thought the sign was correct, since at that point we estimated that Constitution Grove was about 1 1/2-2 miles away. Lovely group on a lovely hike! Hikers included members Chuck Eyers, Julie Dorland, Joanne Ledet, Beth Roy, Walt Dolliver, Nola Nelson, Sachiko Iwasaki, Steve Gunn, Jennifer Baer, Charlie Van Deusen and Jim Fritz; almost members Wayne Cleall and Caryl Smartt; and nonmember Dave Compton.

### **Fuji Mountain** **August 26, 2007** **Leader: Rod Wood** **3 miles, 950 ft. (Easy)**

**WE DROVE UP** to the trailhead, 11 miles up Eagle Creek Rd. off of Hwy. 58 at milepost 50. The temperature was in the 60s and the sky was partly cloudy. Starting at 6,200 feet, the trail gained 950 feet in 1.5 miles. Mountain huckleberry plants were in profusion on the lower part of the trail, but few berries were in evidence. After breaking out of the hemlock forest near the rocky top, we were greeted with a broad panorama of Cascade peaks. We could see from Three Fingered Jack in

the north to Mt. Thielsen near Crater Lake and Diamond Peak to the south, although the tops of the Sisters were obscured by clouds. In the foreground, Waldo Lake lay before us, with its surrounding Mt. Ray, Maiden Peak and the Twins. We had lunch on top, enjoying the view and the cool weather. Long drive, short hike, great view! Hikers with me, Obsidians all, were Jim & Sharon Duncan and Ken & Beth Kodama.

## Red Butte

August 26, 2007

Leader: Richard Romm

Photo: Barb Revere

12 miles, 1,800 ft. (Difficult)



**EIGHT OF US** met at SEHS and picked Barb up enroute. The Jefferson Wilderness was a good meeting point for the three Chemeketans who also joined us, giving us a total of 12 hikers. Once again, we had an encounter with a ranger from the Detroit Ranger Station who accused us of having 13. Finally, he realized he was counting himself. We passed Duffy Lake, Mowich Lake and, at Alice Lake, found the trail up Red Butte. The weather was ideal as we reached the summit. There were great views of Three Fingered Jack and the Three Sisters. Mt. Jefferson remained in the clouds. After a good rest we made our way down, with a swim stop at Duffy Lake for Mady. Members: Tom Augustyn, Dick Hildreth, Mady Kimmich, Rob Kimmich, Barb Revere, Richard Romm, Chris Stockdale, Kaushik Vaidyanathan and Elle Weaver. Nonmembers: Denise Butler, Mardel Chinburg and Austin Sharp.

## Clear Lake

August 28, 2007

Leader: Marshall Kandell

5.5 miles, 200 ft. (Easy)

**WE GOT OFF** to a delayed start thanks to two no-shows, but the rest of the day was glorious. Clear skies, magnificent scenery and a serene lake surface that re-

vealed just about every beautiful shade of blue. And the vine maples were beginning to take on enough color to promise a fantastic fall display against the black lava. Top it all off with the sight of an osprey diving into the lake and flying off, right over our heads, with a trout in its talons. Clear Lake never seems to disappoint. Hikers were members Ginny and Roger Reich, Elle Weaver and Marshall Kandell.

## Canyon Creek Meadows

August 29, 2007

Leader: Pat Adams

8 miles, 1,400 ft. (Moderate)

**TEN HIKERS** in two vehicles went over Santiam Pass to the Jack Creek Trailhead on a clear day. The trail was uncrowded and cool along Canyon Creek. Both creek and falls had a good flow and the floor of the burn area had recovered substantially over the last year. The group hiked upward through the meadows, out of the hemlocks and into the forenoon heat, emerging on a low saddle above a cirque at 6,000 ft. Another 500 ft. up scree and then a scramble for shade and lunch. All snowfields along the range were bigger this year than last and seasonals were greener. After a half-hour lunch, the group descended the scree slope, hiking back through the meadows, along Canyon Creek to the trailhead at Jack Lake. Bow season started the previous Saturday. We didn't see any hunters or stands, but we did see five quick and well-fed does cresting a near ridge. Members Pat Adams, John Agnew, LaRee Beckley, Dick Hildreth, Anne Hollander, Richard Hughes, Lana Lindstrom, Sam Miller and Effie Neth; and nonmember Joe Masic.

## Lowder Mountain

August 30, 2007

Leader: Diane Jeffcott

6 miles, 800 ft. (Moderate)

**THIS WAS A BERRY** good hike! On a Thursday, while many people worked, 11 of us hiked up Lowder Mt. It was 94 degrees in Eugene and because it was rather warm on our hike we drank lots of water and took our time on the trail. The gravel road was in great condition. The trail was very overgrown in parts. There were many flowers -- such as asters, cone-flowers, baby's breath, and pearly everlasting. Aside from lots of scat and bear tracks we saw lots of berries. Besides

eating an abundance of thimbleberries (Valarie said they tasted like a strawberry rhubarb pie), there were red huckleberries, banberries and an unknown orange berry the size and shape of a pea. Kurt said it was the best hike he had been on; then told me he has said that on all his hikes. Members Ann-Marie Askew, Bill Buskirk, Jean Coberly, Janet Hall, Diane Jeffcott, Kurt Koivu, Mary Morrison, Julie Richardson and Pat Sossan; and nonmembers Doug Hintzman and Valarie Metcalfe.

## Shasta Loops/Blackberries

August 31, 2007

Leader: Marshall Kandell

4 miles, 400 ft. (Easy)

**DESPITE A RASH** of cancellations, we still mustered a small army of 14 Obsidians, intent on filling our containers with sweet, succulent blackberries. But, first, there was the hike: down North Shasta Loop and up South Shasta Loop, with occasional stops to discuss the widely varying architecture (and make use of a couple of conveniently placed porta-johns). Once again this year, the hike stalled a bit upon arrival at the first blackberry patches. Despite the leader's assurances that there were a few hundred more yards of blackberry bushes ahead, it's difficult to leave the bush in hand. Amazingly, everyone made it back to the cars together, containers (and tummies) packed. Members: Max Brown, Jean Coberly, Myron Cook, Julie Dorland, Yuan Hopkins, Marshall Kandell, Ann & Ed Lichtenstein, Mary Morrison, Dave Predeek, Julia Richardson, Bonnie Richman, Barbara Sutherland and Peggy Windle.

## Divide Lake/Mt. Yoran

September 1, 2007

Leader: Rob Castleberry

10 miles, 1,800 ft. (Moderate)

**WE BEGAN** our outing with some trail maintenance work, cutting away encroaching brush as we walked the first half-mile to Notch Lake. A 12-member Northwest Youth Corp crew had worked on trails in the Mt. Yoran and Vivian Lake area for three weeks earlier in the summer, leaving the trail in very good condition, except for this segment that must not have been in their work order. We stashed our tools and continued up to Divide Lake for a lunch stop and, for



three of us, a swim. Erik stayed at the lake to clean up a couple campsites, removing a fire ring that was too close to the lake. Two of our group were glad to rest at the lake while others continued up to the divide, where five continued on up to the top of the south peak. On our way back, several took a refreshing quick dip in Notch Lake, Dick Hildreth being the day's exemplary double-dipper. Members: Paul Flashenberg, Nola Nelson, Dick Hildreth, Rob Castleberry, Dan Christensen; and nonmembers David Compton, Ann & Erik Muller, Erin Martin, Carrie Wolcott and Thea Ciccolo.

## **Duffy Lake**

**September 2, 2007**

**Leader: Barb Revere**

**7 miles, 800 ft. (Moderate)**

**THREE OLD FRIENDS**, who have trod many a mile together, decided to forget the late cancellation (phone call at 6 a.m.) and the one "no-show" and enjoy this nice summer day. The parking lot was chock full with over 30 vehicles, but we only encountered about six people on the way in. Lakeside was a pleasant place for lunch, four others for company. After lunch, we hiked over to "Sherwood's Saddle" to view Three Fingered Jack, but all our attention was on the smoke from the new "GW" fire, which billowed up on the SE horizon. We also discovered where all the campers were hiding at this very popular short backpack destination. The North Santiam River was a dry crossing. The day was bright and the trail was dusty and we stood off-trail for at least a dozen horses, all with riders of the cowpoke persuasion, "Thank ya, ma'am." Members Julie Dorland, Marshall Kandell and Barb Revere.

## **McKenzie Bridge RS/**

## **Belknap Hot Springs via LTD**

**September 4, 2007**

**Leader: Barb Revere**

**8 miles, 400 ft. (Moderate)**

**PREDICTED WEATHER** discouraged three signees, but raingear stayed tucked in packs on this trip through lovely old growth forest. The water was warm and the pool mostly empty, making for a relaxing soak for two of us. Others read or simply walked the flowered grounds. Community is alive on the "Mighty LTD #91" and we enjoyed interacting with those who sat near us. We even got an impromptu ergonomics lesson that began

with a discussion over a bicycle with unusual handgrips and ended with vertical keyboards (on computers, touch-typers only). Another great trip courtesy of LTD, where seniors ride free on Tuesdays! Members Daniele Delaby, Yuan Hopkins, Barb Revere and Peggy Windle; and nonmember Susan Sanazaro.

## **South Cinder Peak**

**September 5, 2007**

**Leader: Dan Christensen**

**17 miles, 2,300 ft. (Difficult)**

**GREAT ADVENTURE!** Hike began at the Cabot Lake Trailhead on the east side of the Mt. Jefferson Wilderness. The first nearly two-mile segment went through an area of a major fire about five years ago. Vegetation is limited to fireweed, low shrubs of various kinds and lots of blackened dead trees. The Ponderosas are just beginning their comeback with the typical plant no more than a foot in height. Terrain in this section is relatively flat. We did not stop at Cabot Lake, which is just out of sight off the trail. The second 2.8-mile section of the trail climbs steeply in a series of well constructed switchbacks before climbing more gradually on to Carl Lake. Forest is primarily hemlock with some true fir and spruce, the ponderosa having been left behind at Cabot. Carl is a truly beautiful Alpine lake, heavily forested except for steep cliffs on one side. The next 1.5-mile section proceeds past Shirley Lake, also a beautiful alpine lake, but much smaller than Carl. The trail continues steeply up to the PCT, climbing along the side of a spectacular canyon.

The trail to the peak proceeds south on the PCT for less than a quarter-mile before turning west to the base of the peak on an unmarked trail. A climb of the peak appears formidable from the base, with a pitch of 15% or more. But it took only 15-20 minutes on a well-defined trail. The view from the top made the climb more than worthwhile. A shifting broken cloud cover restricted the view to some extent. But Jeff is close and presents a stunning view. We also had good views of such peaks as Jack and Washington; as well as the smoke from the Mt. Washington Wilderness fire.

After we scrambled off the peak, our real adventure started. We decided to take the loop back to Carl Lake, which Sullivan describes in his book. However, after hiking north on the PCT for close to two miles, we couldn't find the junction.

We couldn't hike crosscountry (even though we could see the lake) because of the cliffs overlooking the lake. So we retraced our steps to the original junction. This meant adding two hours and approx. four miles to the hike. We arrived back at the trailhead just before dark (about 8 p.m.) with everyone seeming in good health and spirits, although not necessarily looking forward to a two-hour drive home. Intrepid adventurers, all Obsidians, were LaRee Beckley, Brad Bennett (new), Dan Christensen, Dick Hildreth and Elle Weaver.

## **Vivian Lake**

**September 5, 2007**

**Leader: Diane Jeffcott**

**9 miles, 1,600 ft. (Moderate)**

**THE TRAIL UP** to Vivian Lake was strewn with a multitude of wild mushrooms--many edible, said the shroom experts! Five of us followed the stream up the trail in the shade of the trees, past Fall Creek Falls, to the lake. During lunch, Nola and Kurt swam; we all picked huckleberries; and the frogs croaked at us for disturbing their peaceful home. The water was deceptively warm at the edge; but, reportedly, very cold once they were in. By the time we hiked back down to the car we had seen three waterfalls, picked a cup of berries and had purple hands. As we drove home, we all had visions of huckleberry cobbler. I would have made it for the group, but no one would give me their berries! Members Janet Hall, Diane Jeffcott, Kurt Koivu, Nola Nelson and Pat Soussan.

## **Four-In-One Cone**

**September 8, 2007**

**Leader: Clare Tucker**

**9 miles, 1,500 ft. (Moderate)**

**WE HAD A PERFECT DAY** for our hike, until we got to our destination. The east wind was fierce, forcing us to have our lunch in the shelter of some trees before assaulting the ridge for the primo view. No one was blown off and smiles were abundant...especially for the speedier group that stretched out their legs on the return trip to the trailhead. Our fast paced group included members Don Doerr, Charles Durham, Paul Flashenberg, Dick Hildreth, Kurt Koivu, Sandra Larsen, Nola Nelson, Clare Tucker, Elle Weaver and Rod Wood; and nonmember Dave Compton.

## Middle Fork Willamette/ Indigo Springs to Rd. 2153 September 9, 2007

Leaders: Chuck Eyers and  
Julie Dorland

Photo: Leigh Almack

7 miles 800 ft. (Moderate)



**WONDERFUL HIKE!** Lots of water (including Indigo and Chuckle Springs) and plenty of easy water crossings (over bridges, rocks and logs). The hike starts out in a kind of fairyland forest (to me, anyway!) -- lots of undergrowth, heavily forested, lots of moss. Very shaded and beautiful. Quite a few ups and downs. On the ups, a totally different environment; we could feel the temperature increasing as we climbed...more sun, less forest and lots and lots of rhodies. Then back down and felt the temperature dropping again. Finally, hiked through Paddy's Valley and, again, felt as though we were in another environment. One sting (we don't know by what), perfect weather. Enjoyable, fun group, included members Chuck Eyers, Julie Dorland, Barb Revere and Jim Fritz; and nonmembers Leigh Almack and Jorry Rolfe.

## Tamolitch Pool, Sahalie Falls September 9, 2007

Leader: Jennifer Baer

8 miles, 600 ft. (Moderate)

**ON OUR WAY** up McKenzie Hwy., we stopped at Ellen's house to enjoy her hospitality and spectacular river views. Our next stop was the Carmen spawning channel, designed to aid wild Chinook salmon recovery. In its initial years, the channel supported only a handful of fish; late this season there could be over 100. Over two dozen fish were already in the channel; we got to see some nest-building behavior and view the fish through neon polarized glasses. The main leg of our journey began near Trailbridge Campground, where the gravel road was teaming with people as a race was just ending. We dropped off hikers, took one

car up to Sahalie Falls, and returned with one car. The first 2.1 miles adjacent to the river was prime hiking, with old growth and easy walking. Tamolitch Pool was our lunch stop. We continued along the dry riverbed and ended our hike with half of the scenic Sahalie/Koosah Falls waterfall loop. Hikers included members Jennifer Baer, Daniele Delaby, Laurie Funkhouser, Steve Gunn, Yuan Hopkins, Art Kearney, Valerie Metcalfe and Ellen Sather; and nonmember Linda Danielson. This was the third qualifying trip for Valerie and Art.

## Eddeleo Lakes

September 12, 2007

Leader: Paul Flashenberg

10 miles, 700 ft. (Moderate)

**AFTER DRIVING PAST** the trailhead (the sign was on the ground), we shortly came to the end of the road and backtracked. It was a gorgeous late summer day with temperatures in the high 60s and low 70s and bright sun. The trail was in good condition, often cushioned with pine needles. We had a brief view of the Sisters as the trail is in dense woods most of the hike. We missed the faint trail that leads to the picnic spot described in Sullivan's book. However, after hiking a little further, we found another trail that led to the lakeshore, complete with a large log that offered seating for most of us. Two daring and hearty souls (Dick and Steve) took a brief swim in what was described as *invigorating* water (most likely a euphemism for *cold*). On the hike back out, we took an alternative spur trail past Upper Quinn Lake, an equally beautiful lake to lower Eddeleo, where we had lunched. One car stopped at the Dairy Queen in Oakridge for some well-deserved treats to cap the day. Members Myron Cook, Paul Flashenberg, Dick Hildreth, Mary Morrison, Pat Soussan and Elle Weaver; and nonmembers Felicia Kenney and Stephen Stisel.

## McKenzie RivTr/Sahalie Falls September 14, 2007

Leader: Chris Cunningham

5 miles, 400 ft. (Easy)

**WE ESCAPED** overcast skies in the valley. The six of us began our trek with stops at the lower and upper viewpoints of the majestic 100-foot Sahalie Falls. We then wended our way through Doug fir and cedar forests to Carmen Reservoir, crossing a bridge to reach the other

side of the McKenzie and rainbow-tinted Koosah Falls. Along the trail, sparkling aquamarine pools were a vivid contrast to the velvety green riverbank, intermittently streaked with rays of sunshine. Autumn was just beginning to display itself in outlines of crimson on the vine maple. On the banks of Clear Lake, an exposed sprawl of tree trunks offered us ample lunchtime seating. Members: Chris Cunningham, Pete Peterson, Julia Richardson, Barb Schomaker, Barb Sutherland and Rod Wood.

## Horsepasture Mountain

September 15, 2007

Leader: Dave Predeek

6 miles, 1,100 ft. (Moderate)

**A LAST MINUTE** change of plans. "Cycle Oregon" was monopolizing the Old McKenzie Hwy. and vehicles were off limits. More than a dozen times since 1980 I have led the hike up Scott Mountain by way of Hand Lake. Rain and snow prevented us from reaching the summit in the past, but this was something the weatherman couldn't have predicted. After a short consultation, we decided to go to Horsepasture Mountain just south of McKenzie Bridge. The weather cooperated and we had a magnificent view of the Cascade peaks from the 5,660-foot summit. There were still a few flowers in bloom, including purple asters and Indian paintbrush. We topped off the day by hiking a few extra miles on the Olallie Ridge Trail. Those enjoying the sunshine on this fine September day were members Max Brown, Lubos Hubata-Vacek, Art Kearney, Becky Lipton, Dave Predeek and Carol Stout; and nonmember Lynne Moody.

## Rosary Lakes

September 16, 2007

Leader: Julie Dorland

7 miles, 600 ft. (Moderate)

**LOVELY FALL HIKE.** It was chilly, with a wind blowing off the lakes and infrequent sunshine (but no rain!). Seven of us hiked an additional two or so miles and 500 feet up to Maiden Saddle, looking for a good viewpoint (which eluded us!). We were fortunate to have Chris Pawling on this hike. He had much knowledge about mushrooms and identified the following: chanterelle (yellowish, irregular cap, ridges instead of gills); shrimp mushroom (reddish-purple cap, cream colored gills, white to cream stem with

sometimes a pink blush at the base of the stem); coral mushroom (looks like coral!); slippery jack (yellow-brown cap, yellow pores on underside instead of gills, slimy cap); and boletus mushrooms of an unknown species. I was accompanied by members Beth Roy, Wayne Cleall and Carol Stout. Paul Seeman just submitted his membership application. Linda Danielson completed her third hike and is preparing her application. Other nonmembers on the hike were Sarah Nestor, Lynne Tracy, Chris Pawling and Marleen Marshall.

**Middle Pyramid**  
**September 16, 2007**  
**Leader: Jane Hackett**  
**4 miles, 1,900 ft. (Moderate)**

IT WAS A DAMP TRIP, what with mist, some rain and an abundance of dripping plants hanging over the trail. We were glad we had our raingear. Gaiters would have been appreciated. After a quick snack on the viewless summit, we made a hasty retreat. We encountered nine cheerful Chemeketans who must have hiked up the longer North Pyramid trail. Hiking with me were Janet Jacobsen and nonmember Kent Mueller. Back home, we were surprised to learn it had been a dry day in Eugene.

**Belknop Crater**  
**September 20, 2007**  
**Leader: John Jacobsen**  
**Photo: Shawn Phelps**  
**9 miles, 1,672 ft. (Difficult)**



WE STARTED NORTH on the PCT from McKenzie Pass Hwy. about 10:15 a.m. on a beautiful, partly cloudy, cool day. The first half-mile of trail was in trees, but we soon entered the Little Belknop lava field. After another 2.5 miles through the open lava, we passed by Little Belknop and shortly thereafter we left the PCT and cross-countried to the base of Belknop Crater's cinder cone. This year, we did a loop route around to

the north face of Belknop Crater, up through scree, then along a lava trough and, finally, more scree to the crater rim. Almost the entire trip provided great views of the Sisters, Mt. Washington and surrounding area, with the view from the top being the most spectacular. There was a cold wind on top; so, after a relatively quick lunch, we did a fast descent on the southeast scree slope. We hiked to Little Belknop, where we explored the lava tubes and the sources of all that lava. A three-mile hike back to the trail head completed a great fall day. Members Brad Bennett, John Jacobsen, Barb Revere and Rich Romm; and nonmembers Sabine Dutoit, Lynne Moody, Shawn Phelps and Steve Stifel.



**Climbs**

**The Callahans**  
**August 25, 2007**  
**Leader: Doug Nelson**  
**2 miles, 600 ft. (Class 5)**

DESPITE A FAIR AMOUNT of pre-trip interest, I only had two companions for my day of sport climbing above the Umpqua Valley west of Roseburg. We met on a fine late summer morning, with bright blue skies and the promise of moderate temperatures, and made the drive south to an area of sandstone outcroppings on timber land owned by Weyerhaeuser on Reston Ridge known to local rock climbers as "The Callahans," which has been developed as a sport climbing area. Local climbers have built the access trails and done signs encouraging good stewardship by users to help keep this enjoyable resource available. A short, but steep hike from the parking area brings you up through the woods and to the base of multiple sandstone pillars with many bolted sport climbs with wide degrees of difficulty. The woods provide good shade at the base of the rocks, though the sun can be quite warm as you climb above the trees. It is a good idea to know what poison oak looks like if you're going to be ex-

ploring this area! We climbed routes with difficulty ratings from 5.6 to 5.10. We each took our turns on the "sharp end," on belay and as designated climbing critic. It was a day of good companionship, challenge on the rock and the pleasure of a beautiful woodlands and wide views across the valley. And just for good measure, we stopped for double dips of ice cream at Rice Hill on the way home! I think I can safely say, "A good time was had by all." Members: Sue Carey, Wayne Deeter and Doug Nelson.

**Mt. McLoughlin**  
**August 25-26, 2007**  
**Leader: John Pegg**  
**11 miles 3,900 ft. (I-1)**

MT. MCLOUGHLIN is the highest peak in southern Oregon and an accessible 9,000' mountain, with a trail to the top. But, with 3,915' of elevation and significant rock scrambling, it is definitely more a climb than a hike. It would be much more popular with Obsidians if it were not so far away. We left Saturday afternoon, had a wonderful dinner at Olive Garden in White City, then slept under clear warm skies at the trailhead. At 11 a.m. we were on the summit. There were low clouds over Medford, but beautiful, clear views of Shasta and the surrounding mountains. What better way to spend a weekend! Climbers were Laurie Funkhouser, Daphne James, Doug McCarty and John Pegg.

**South Sister**  
**September 2, 2007**  
**Leader: Buzz Blumm**  
**12 miles, 4,800 ft.**

ANOTHER BEAUTIFUL late summer day on South Sister -- this time on a holiday weekend just following an R-G article on the mountain by Bill Sullivan, rendering this the most crowded time I've seen there. By mutual agreement, the pace was slow, but with clear skies and lots of daylight, it was just fine. Everyone reached the summit early to mid-afternoon, enjoyed the views, watched the Black Butte fire spread, then headed back. Hikers' ages varied from 11 to 66 and included Obsidians Andrew Blumm, Buzz Blumm, Charles Durham, Brian & Mary Hamilton and Janet Jacobsen; and nonmembers Meredith Fox, Eric Gurzon, Leslie Sullivan and Vonnie Willard.





## By Ways By Bus

### Lewis and Clark Expedition End of Trail

September 4-5, 2007

Leaders: Barbara & Paul Beard

**O**UR FUN-FILLED trip, on which we literally walked the footsteps of Lewis & Clark, left Eugene at 8 a.m. First stop was Avery Park in Corvallis, a beautiful place to stretch our legs. We connected with Hwy. 22 at Rickreall and headed for the coast. A coffee break was enjoyed in the Van Duzer Corridor along the beautiful Salmon River. Joining Hwy. 101 just north of Lincoln City, we went north over Cascade Head to Pacific City, where we began our trek along the three capes scenic route to our destination and an authentic cookout of many of the foods Lewis and Clark would have dined on while wintering on the Oregon Coast in 1805-1806.

Lunch at Whiskey Creek Fish Hatchery (about 10 miles SW of Tillamook) was a feast of salmon prepared about five different ways -- smoked, poached, grilled, planked and wrapped in corn husks with crab -- venison stew with wild mushrooms, wild blackberry cobbler and chicken on skewers (representing the pheasant, duck and waterfowl eaten on the expedition). Extra goodies included fresh garden tomato salad, watermelon, cornbread with honey whipped butter and ice cream to top off the cobbler. Lunch and the patio breakfast the next day at our lodge were prepared and served by the Beard family. (*Note: For Barbara's venison stew recipe, see report online.*) After lunch, there was a tour of the hatchery, which operates on donations and membership dues; no state monies.

Then we headed for Cape Meares. The day was beautiful with blue skies and the views and walk to the lighthouse absolutely spectacular. Continuing around the Cape led us to the spit area of Tillamook Bay, where the famous town literally fell into the ocean over a period of approximately 50 years. Ewart Baldwin was one of the professionals asked to observe and comment on the area of destruction in the 50s. Most agreed this was a manmade

disaster. Another jetty has been built on the south side of the Tillamook Bay entrance to maintain the bay and its good access to the ocean. Traveling around the bay on Hwy. 131 gives a good feeling of how that area can flood and slides occur at the slightest storm. Most of the area, basically, is all sand.

We continued north to Cannon Beach and dined at Doogers, a great place with excellent seafood. We arrived at quaint Ecola Creek Lodge, overlooking the park and beach, where we literally spent the night at the last recorded stop of the Lewis and Clark Expedition. The rough cross-country trip from Fort Clatsop was also made by Sacajawea, who wanted to see the big fish and the big water. The lodge had patios and a fish pond. Bunnies played in the grass and nibbled goodies from our hands. Picturesque!

**DAY 2:** A little mist, but nothing to dampen our spirits. The rugged terrain of Ecola State Park, with fantastic views and thick forests, gave us a real appreciation of what the expedition had to endure (our distances, however, were easily traveled thanks to Mo's skillful bus driving). We briefly stopped at the Salt Works in Seaside to view the area and rockery built to keep pots of water boiling 24 hours a day to make enough salt for the six-month trip back home. The tour at the rebuilt Fort Clatsop was one to be remembered. Our guide -- who came from Ohio for the summer -- was very thorough and witty. One could really get a sense of how difficult survival was inside the fort. Really quite a small place.

On to the mighty Columbia River via the Lewis River route; over the top of Astoria Hill; and down the steep streets of Astoria to the historic Cannery Cafe on the waterfront -- with some large ships and Coast Guard boats passing close by our windows -- where Lewis and Clark would have floated down this awesome river in their dugout canoes. Homeward bound, we wound through wooded forests and logged countryside. What a contrast. All riders can claim of traveling Hwy. 47 in its entirety. We were back to Eugene about 7 p.m.

Members: Ethel Allen, Ewart Baldwin, Barbara & Paul Beard, Paula Beard, Louise Behnke, MaryLee Cheadle, Kent Christoferson, Sharon Cutsforth, Rosemary Etter, Rachel Fiszman, Barbara & Dennis Flanders, Jeannette Forsman,

Dora Harris, Maryann Holser, Marjorie Jackson, Rosella Jones, Dot Leland, John & Lenore McManigal, Cleora Mersdorf, Barbara & Don Payne, Virginia Prouty, Liz Reanier, Dorothy Sstrom, Julie Snell, Dick & Janet Speelman and Vera Woolley. Nonmembers: Ron Baur, Suzy Hess, Juanita Morris, Carolyn Rayborn, Susan Reinoel and Jerry Wojcik.

### Woodburn: A Diverse Community

June 5, 2007

Leader: Mary Ellen West

**THE NORTHERN VALLEY** bus trip stopped at the Schreiner Iris Gardens for coffee, a treat amongst the beautiful floral displays. Our next stop was at the Settlemeier House in Woodburn, a magnificent Victorian house built by the town founder in 1892. Our next stop was at Wellspring, the new wellness center. It is a remarkable rejuvenation of an old K-Mart. The unique facility is a part of Silverton Hospital. After a tour, bus trippers enjoyed lunch at the Wellspring Bistro. The meals were very good.

Then it was on to the world berry museum, the local historical center. In the old theater auditorium, we heard about the Russian Old Believer residents and the community relations director for Woodburn spoke about the large Hispanic population. A diverse community indeed!

We drove by the Old Believer Church and prayer houses, notable for their onion shaped domes.

Finally, our last stop was at the Bauman Farms, a fourth generation nursery and farm operation, from 1896. Obsidians were seen with shopping bags loaded with farm produce, plants, pastry, candy and other things as they boarded the bus for the trip home.

Members Barbara & Paul Beard, Louise Behnke, Mary Lee Cheadle, Barbara Chinn, Jean Coberly, Donna Halker, Dora Harris, Margit Hollerud, Mary Ann Holser, Phyllis Hulse, Ray Jensen, Rosella Jones, John & Lenore McManigal, Barbara & Don Payne, Liz Reanier, Edith Rode, Paula Sievers, Dorothy Sstrom, Julia Snell, Mary Ellen West and Vera Woolley.

## Janet's Jottings:

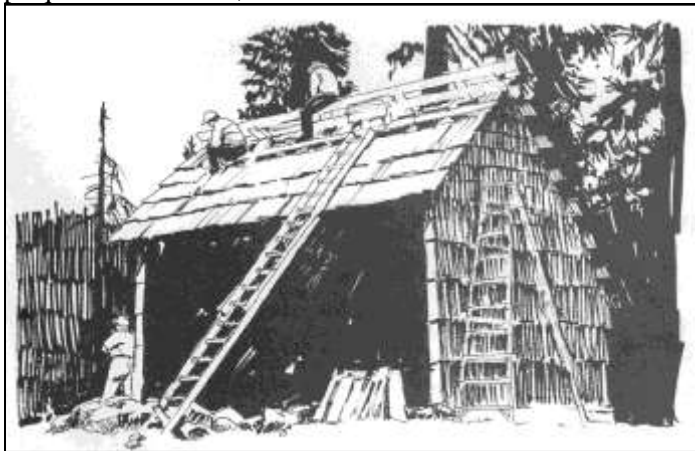
# Keeping Tabs on Our Members, Royal and Otherwise

By Janet Jacobsen

**A** GATHERING OF PRINCESSES -- On Sept. 7, Catherine Jones and Margaret Wiese hosted the Princesses in the solarium on the top floor of Cascade Manor. The panoramic view made it seem like we were eating our sack lunches on top of a mountain. The discussion centered around summer camp news. There was time for each to share the latest happenings in her life. Attending were Mary Bridgeman, Jane Hackett, Delores Haddad, Janet Jacobsen, Dot Leland, Peggy Mathes, Lenore McManigal, Natalie Morgan, Rosemarie Moffitt and Velma Shirk.

\*\*\*

**DID YOU READ** Bill Sullivan's recent article on Hand Lake Shelter in the R-G? The Obsidians were involved in the restoration of the shelter in August 1993. The Obsidians who worked on it were Bill and Donna Eimstad, Glenn Meares, Gene Thaxton, John and Lenore McManigal, Marriner Orum, Dave Predeek and Bea Fontana. Vi Johnson thinks there is a plaque on the shelter, but she is not sure about that.



*Hand Lake Forest Shelter undergoing restoration by Forest Service workers and Obsidian volunteers in August 1993. Thanks to Pam Delaney for this original sketch. From the November 1993 Bulletin.*

\*\*\*

**IN THE FALL** Duck Store catalog, there are photos of two Obsidians: Pema Chhophyel and Deb Carver. Guess we need them to model Obsidian clothing.

\*\*\*

**A FEW OF OUR MEMBERS** volunteer with other organizations to help preserve the wilderness, hiking trails and native plants. Last spring, Sylvia Harvey and Michael BeBout signed up with Wilderness Volunteers for three outings. In March, they were at Caladesi Island State Park, a barrier island off the coast from Tampa. The work project included tearing out old walkways and rebuilding them with new materials. Mike also helped build a turtle box to protect eggs from predators. In April, they removed fence posts at the Chaco Culture National Historical Park in New Mexico. And, in May, they were at Utah's Canyonlands National Park

to remove tamarisk (an invasive shrub/tree that has clogged waterways and sucked water from native plants) in Big Spring and Little Spring Canyons.

Sylvia says to check out [www.wildernessvolunteers.org](http://www.wildernessvolunteers.org) right now, since the trips go fast and there are waiting lists. All trips cost \$239, are one week long and are limited to 12 or fewer participants. Meals are included in the trip price. Participants share camp chores. Most trips include extra time to explore and enjoy the area in which they are based. Participants provide their own camping gear, a sense of adventure and a willingness to contribute time and energy to worthy projects.

Pat Soussan volunteered for a work week in July with the Yosemite Association. Pat worked with a plant protector crew of 12 in Wawona Meadow and the Mariposa Grove of giant sequoias removing non-native plants, assisting with vegetation monitoring, surveying and meadow assessments. The cost was \$75. Participants work four eight-hour days, with a day off mid-week. Three meals a day and campsites are provided. A park ranger supervises. Pat said, "This is the third time I have volunteered and I would do it again." For info, check:

[www.yosemite.org/helpus/volunteer.html#workweek](http://www.yosemite.org/helpus/volunteer.html#workweek)

Remember the article Maddy Schriver wrote for the October 2006 Bulletin about her five weeks with the Northwest Youth Corps, building trails with a 12-person crew? She volunteered again this summer! Her crew worked on the Rogue River Trail and the Siskiyou Mountains. In August, Maddy began her freshman year at Humboldt State. Way to go! See:

[www.nwyouthcorps.org/summerconservationcorps.html](http://www.nwyouthcorps.org/summerconservationcorps.html)

---

## Celebration Booth Fun and Games

**A GREAT MANY** people helped staff our booth at the Eugene Celebration this year. Our thanks to all of them. The rewards of the job are meeting interesting people and answering crazy questions: for example:

*I heard the Obsidians have great potlucks. Do they?*

*Are you a rock hound group? I am interested in obsidian.*

*Are there hikes in volcanoes?*

*Is it OK to bring a beer?*

*Do you have to rope up to climb Thielsen?*

*Am I too old?*

*What if there is a bear?*

*Do you have nude hikes?*

This year's volunteers included Ann-Marie Askew, Buzz Blumm, Barbara Bruns, Pema Chhophyel, Allan Coons, Laurie Funkhouser, Jim Gillette, Richard Hughes, Diane & George Jeffcott, Janet & John Jacobsen, George Jobanek, Teresita Ladd, Anne Dhu McLucas, Jim Pierce, Helmut Plant, Virginia Prouty and Sharon Ritchie.

By Anne Dhu McLucas, Publicity Chair

## OTHER ORGANIZATION EVENTS

### Ski Patrol Needs "Victims"

By Sarah Aitkin  
Willamette Pass Ski Patrol

**H**I OBSIDIANS! Every year, the ski patrol must participate in an annual Outdoor Emergency Care refresher course in preparation for the ski season. I am in charge of finding "patients/victims" for our emergency scenarios this year.

I wonder if any of you might be interested in being patients for us? It would entail donating a day of your time (on October 20th) and playing the part of someone injured (with a specific injury that you would be assigned, such as a broken leg or a fall from a chairlift). You would be "painted" with realistic "blood," maybe have realistic bones sticking out -- put in "costume," in other words.

You would then have approximately 100 ski patrol members, a few at a time, practicing rescue techniques for your specific injury. You would need to answer questions about what happened and how you feel. Your clothes would remain on!

**THE OUTDOOR EMERGENCY** scenarios are very interesting for anyone engaged in outdoor activities. Having some knowledge of emergency care techniques is extremely valuable for anyone in the wilderness...or anywhere, really. It will be a day of practicing techniques, but the "victims" will also learn a lot about emergency care just by watching. It is really fun!

At any rate, I really want a variety of ages for our victims. I am finding it easy to find kids and young adults (teens), but not too many older adults! There are, wonderfully, lots of older folks on the slopes and I want that group adequately represented.

So, let me know if there is any interest. No, it is not paid, but I do believe there will be yummy snacks provided! Thanks for your consideration. You can call me at work (484-2912) or home (338-3097).

### REI

**T**RAIL MAINTENANCE DAY at the Callahans Climbing Area, Sat., Oct. 20, 9 a.m. -- Volunteers will be putting in new trails to the climbing area and maintaining existing trails. Meet at lower gate off Touchstone Rd. (west of Roseburg). Please bring tools and gloves if you have them (some will be available), water, closed-toe shoes and anything else you may need to get dirty! For more information, contact Dee or Dave at 689-7189.

**GPS 101**, Tues., Oct. 23., 7 p.m. -- Baffled by your new GPS? Learn how to set waypoints, track your journey and use GPS with a map. Bring your handheld GPS unit. All navigation classes are free for REI members, \$15 for non-members. Register in person at customer service or call 465-1800.

**SNOW CAMPING 101**, Fri., Oct. 26., 7 p.m. -- Learn to snow camp safely and in comfort. Basic winter safety, trip planning, choosing the right gear, where to go and handy tips & tricks. Register in person at customer service or call 465-1800. Free.

### Events at Mt. Pisgah

**F**OR RESERVATIONS and information about the following events, call 747-1504. "Membership" refers to Arboretum membership, not Obsidian.

**MUSHROOMING ON THE MOUNTAIN**, Sat./Sun., Oct. 13-14, 10 a.m.- 4 p.m. -- Intensive class for beginning 'shroomers' offers instruction on identification, picking, cooking, ecology, folklore and more! Maggie Rogers of Oregon Mycological Society will lead interactive demonstrations, discussion and field identification. A 'shroom' hunt will follow Maggie's presentation. Cook and taste the fantastic fungi. Fee: \$60 (\$50 members). Pre-registration required.

**BATS, SPIDERS & THINGS THAT CREEP N' CRAWL!** An Evening Full Moon Hike for Kids and Families, Frid., Oct. 26, 5-7 p.m. -- Join nature guide Tom Bettman for an evening walk to look for Arboretum critters.

Bring a flashlight for after the walk. Meet at visitor center. Pre-registration required. Fee: \$10 per family of 5 or fewer (MPA members free!). Limit 20.

**MUSHROOM FESTIVAL AND PLANT SALE**, Sun., Oct. 28, 10 a.m.-4 p.m. -- Presented by the Arboretum, the Cascade Mycological Society and LCC. One of the largest mushroom displays on west coast, huge plant sale, scarecrow contest, children's activities, hayrides, craft vendors, mushroom-inspired food, fresh cider, music, wine and more. Suggested donation: \$5 person or \$10 family. MPA members free. Call 747-3817 for more information and to volunteer.

**MUSHROOM WALK**, Sat., Nov. 3, noon -2 p.m. -- Take a walk through forested trails with experienced mycologists Chris Melotti and Molly Widmer of the Cascade Mycological Society. Discuss identification, habitat, characteristics, natural history and the role of fungi within an ecosystem. Meet at visitor center, rain or shine. Suggested donation: \$5 (MPA members free). Limit 20.

**HERBAL REMEDIES WORKSHOP**, Sun., Nov. 4, 10 a.m.-noon. With herbalist Sue Sierralupe learn to identify medicinal autumn plants for treatment of humans and pets. Sample specific herbal medicines. Sue will demonstrate how to make a tincture from Oregon grape root. Make herbal glycerite to take home. Class is geared towards students with a general understanding of herbal medicine. Fee: \$20 (\$15 MPA members). Pre-registration required.

### Nearby Nature

**I**F YOUR KIDS like creepy-crawlies and things that go bump in the night, then they'll love Nearby Nature's 11th annual Haunted Hike on Friday, October 26<sup>th</sup>, from 5:30-9 pm in Alton Baker Park!

Haunted Hike is free for Nearby Nature members and \$5 per person for non-members. Be sure to bring a flashlight, your hiking shoes, and your rain-gear if it's a dark and stormy night. For more information or to register, please call Nearby Nature at 687-9699.





POTLUCK

OCTOBER 26 PREVIEW:

## Yellowstone's Winter Wonderland

By Chris Cunningham

“YELLOWSTONE NATIONAL PARK is simply as good as snowshoeing gets in North America,” says Mel Mann, Campbell Senior Center program supervisor and October’s potluck presenter. He waxes, “... Champagne powder snow, breathtaking geysers and magnificent wildlife.”

Anyone considering options for chasing this winter’s blues away won’t want to miss Mann’s program about his week-long winter snowshoe excursion, with home bases at Yellowstone’s Mammoth Hot Springs Resort and Old Faithful Snow Lodge. Mann will share practical information about how to prepare for a snowshoe trip to the Rocky Mountains.

Of general interest, he’ll discuss wildlife ecology and the changes that have occurred in Yellowstone since the successful reintroduction of the wolf in 1995 and 1996. Although wolves were native to Yellowstone when the park was established in 1872, there were no wolves as recently as 1994.

**YELLOWSTONE FACTOIDS.** You may not know that Yellowstone National Park is:

- the world’s first national park • 3,472 square miles

- 63 air miles north to south • 54 air miles east to west
  - 96% in Wyoming • 3% in Montana • 1% in Idaho
  - 11,358 feet at its highest point (Eagle Peak) • 5,282 feet at its lowest point (Reese Creek) • covered 5% by water; 15% by grassland; and 80% by forest;
- ...or that Yellowstone has:
- precipitation ranging from 10 inches at the north boundary to 80 inches in the southwest corner • averages temperatures ranging from 9° F in January to 80° F in July at Mammoth Hot Springs.

### October Potluck

Friday, October 26, 2007, Obsidian Lodge  
Potluck, 6:30 p.m. Program, 7:30 p.m.

*Bring your favorite potluck dish to share...along with your own plates, utensils and cups...and \$1 to help cover lodge expenses. Parking at the lodge can get crowded, especially for potlucks. Please consider carpooling.*



SCIEd TUESDAY - OCTOBER 16

## Program Focuses On Taking Better Photos

### SciEd Moves to 3rd Tuesday

“YOU WILL BE TAKING better pictures, regardless of your camera type,” promises photographer Richard Walker, if you attend his SciEd presentation at the lodge on Oct. 16 at 7 p.m.

“Photography is seeing the image you want in your mind and getting that picture in the camera,” he says. In addition to learning simple photo improvement tricks, Walker will display examples of crafts you can create from your photographs for use as Christmas gifts or for other purposes.

Walker used his advertising and marketing degree to manage two television stations and in a career as sales manager for a local billboard company. His love of photography dates back to childhood and has prompted him to

help others take better pictures.

“We will try moving SciEd programs to the third Tuesday of each month to get more timely promotion in the Bulletin, says Chairperson Joella Ewing. In the past, the Bulletin usually arrived in member hands *just after* the second Tuesday SciEd programs.

\*\*\*

“**ARCTIC DANCE:** *The Mardy Murie Story*,” a DVD on the life of the mother of American conservation, received a very positive response from those who attended the September SciEd program. The film chronicled her life of conservation efforts, beginning with the 540-mile dogsled honeymoon she and her arctic wildlife biologist husband took in 1924 through upper Alaska to record the habits of cari-

bou. It ended with Bill Clinton presenting her the presidential medal of freedom in 1998.

In between, she was instrumental in preserving the Alaska Wildlife Refuge, Grand Teton National Park, passing the Wilderness Act of 1964 and founding the Wilderness Society.

The film is available from Eugene Public Library. “*Two in the Far North*,” a book by Margaret E. Murie and Terry Tempest Williams (2001), can be purchased new on the internet for \$15.95 or used from \$5.61. Obsidian Bob Foster said he read her second book, “*Wapiti Wilderness*” (1966) and that it was great. Again, check the Internet if you can’t find it locally.

Many thanks to Obsidian Judy Newman for lending us her DVD.

— Joella Ewing, SciEd Chair

## UPCOMING

### *A Piercing Call for Winter Trip Leaders*

**W**INTER TRIPS Committee Chair Jim Pierce has issued a call for Winter trip leaders and co-leaders.

“We had a record season a year ago thanks to *you*. Can we do it again? We can, with lots of outings and great participation,” says Jim.

The committee is putting together the preliminary winter schedule. Take a few moments to think about outings you would like to lead... new and old favorites you want to share. Pick a date for each one. “Sure, they can be changed,” says Jim, “but we want to get them onto the preliminary schedule.”

Phone or email your desired destinations and dates to Jim: 344-1775 (machine); [wintertrips@obsidians.org](mailto:wintertrips@obsidians.org). Or, you will be called by the committee’s calling team.

### *...and for Winter Trips Committee Members*

**T**HERE IS A CHILL in the air. Snow is coming to the mountains. Winter trips are just around the corner. Can *you* be part of the Winter Trips Committee? You could be a *core committee coordinator*. You could be a member of the *leader calling team*. Please call or email Jim Pierce, Winter Trips Chair, to be part of the *FUN*... 344-1775 (machine)... [wintertrips@obsidians.org](mailto:wintertrips@obsidians.org).

### *Trail Maintenance*

**T**HE NEXT Obsidian trail maintenance outing will be on Sunday, Oct. 28, from 9 a.m.-noon. Meet at the main Spencer Butte parking lot.

## Obsidian Calendar

### October

13 Sat – **Cooks Ridge**, 6m 1200' M, P.Graham.....933-1612  
13 Sat – **Ridgeline Trail**, 6.6m 500' M, J.Jacobsen .....343-8030  
14 Sun – **Tahkenitch Dunes/Threemile Lake**, M, Roy .687-0128  
15 Mon – **Clear Lake to Trail Bridge**, 13m D, Hackett..984-0049  
16 Tue – **Taking Better Photos—Walker**..... **SciEd Tues**  
20 Sat – **Fall Creek**, 9m M, E.Lichtenstein.....683-0688  
21 Sun – **Bottom loop**, Bike 23m M, G.Strahon.....345-0720  
25 Thu – **Rice NW Museum of Rocks**, Bus, Jensen.....345-5366  
25 Thu – **TBA**, L.Beckley .....338-8520  
26 Fri – **Snowshoeing Yellowstone—Mann**..... **Potluck**

### November

11 Sun – **Eel Creek**, 6m 100' M, J.Hackett .....984-0049  
14 Wed – **North Shasta Loop**, M, R.Romoser.....726-8154  
16 Fri – **Hiking Across Iceland—Cobb**..... **Potluck**  
20 Tue – **Ewart Baldwin** ..... **SciEd Tues**

### December

8 Sat – **Christmas Lights Salem**, Bus, Hack..... 345-3650  
14 Fri – **Lane County Search and Rescue—Miller** ...**Potluck**  
18 Tue – **TBA**..... **SciEd Tues**

### DECALS

*Simple design uses static cling to adhere to the inside of a vehicle window! \$1 each.*



### NEWCAPS!

*One size fits all. Colors: black, red, green and beige. \$15 each.*



*Contact Laurie [funkerhouser5605@comcast.net](mailto:houser5605@comcast.net) or phone 206-2303.*

## *Folding the Tents on Camp Pegg; Sneaking a Peek at Next Year's Plans*

**T**HE SEPTEMBER POTLUCK featured the “Summer Camp 2007 Reunion,” with nearly 50 people on hand for dinner and 62 for the slide presentation following. The show was given by Rick Ahrens – who, having recently entered the age of digital photography, discovered the technology’s downside when he returned from Camp Pegg with 1,100 pictures! He pared that number down somewhat and the camp alumni (and others) were treated to a great show, filled with all the excitement, adventure, laughter and joy that was Camp Pegg 2007.

Following the show, John Jacobsen announced on behalf

of the Summer Camp Committee, the location of Summer Camp 2008: Bonanza CCC Campground, up the Yankee Fork of the Salmon River adjacent to the Sawtooths of Idaho. The campground is approximately 20 miles northeast of Stanley, ID, within easy driving distance of the wonderful hiking in the Sawtooth and White Cloud Mountains.

There will be two, seven-day sessions: July 19-July 26 and July 26-August 2, 2008. The summer camp rally will be in March, with registration beginning at that time. Additional information about the 2008 camp will be presented in the Bulletin, beginning in December.



*The season's first snow - Mt. Fuji on September 23 - Photo by Chris Stockdale*



OBSIDIANS, INC.  
P.O. BOX 51424  
EUGENE, OR 97405

**OBSIDIANS, INC. IS A NON-PROFIT ORGANIZATION**

PRESORTED STANDARD  
US POSTAGE  
**PAID**  
EUGENE, OR  
PERMIT 803

**RETURN SERVICE REQUESTED**



October 2007