



Obsidian Covid-19 Protocols for Urban Hikes May 14, 2020 v4

As Obsidians we value the safety of our members and of communities where we adventure into the outdoors. In order for the Obsidians to safely restart our activities we have developed a set of protocols for trip leaders and trip participants. Our protocols follow federal, state and local guidelines as per our Trip Leaders Guide which states *“Obsidian activities shall comply with the rules, regulations and policies of the agency having jurisdiction of the area being visited.”* This includes rules that apply to Covid-19. In addition, we have club requirements and guidelines which address Covid-19 outdoor practices. For our activities to be safe for everyone and for them to be allowed to continue, we must all follow all applicable rules and guidelines.

We will be sponsoring hikes on a trial basis to ensure we can conduct them safely. They have the following general criteria.

- They will only hikes at this time will be **urban hikes** since carpooling is not an issue. **Urban hikes** are within the City of Eugene and Springfield, including Mt. Pisgah, Spencer Butte, the Ridgeline Trail and the West Eugene wetlands.
- As mentioned previously we are not supporting carpooling at this time and will only do so when social distancing is deemed unnecessary. In addition, we are encouraging our members to continue to recreate closer to home as per the governors orders.
- Only members are allowed on the hikes.
- Fees will be waived at this time.

Specific requirements of leaders and members are below.

Obsidian Trip Leaders Requirements

Creating a trip. When creating trip online, limit sign-up to no more than 10 people. However, 6 or fewer is preferred. Schedule trips at times when there are fewer people and at locations not as popular, make sure to check state, county or local park websites for updates and requirements. In the trip description where it indicates gear needed include face mask and hand sanitizer in addition to any other appropriate gear.

Meeting the group at the trailhead. When meeting at the trailhead or parking area encourage the group to minimize the time congregating for longer than reasonable to retrieve/return gear and enter/exit vehicles. If one of the participants appears ill, do not let them continue on the hike. Be

discrete when talking to them about appearing ill so as not to embarrass them in front of the whole group.

Signing in participants: Trip leaders will get a verbal agreement from participants and write something like 'signed' or 'X' for their signature. The leader is the only one to touch the paper and pen.

Ensure Participants are Maintaining Social Distancing: Hikers will maintain six feet or more. When stopping at trail junctions and at the destination point avoid clustering together. If social distancing cannot be maintained when stopped remind all participants to put on a mask.

Masks: Everyone needs to carry a mask and know how to properly use it. Although we will be maintaining social distancing our groups may encounter others that do not take the needed precautions. Stepping off the trail to avoid others isn't always safe or practical. Prior to the trip remind participants situations when to put on their mask since the leader can't always be watching all participants.

Obsidian Hike Participant Requirements

- Stay home if you are sick. If you appear ill, the leader he/she may ask you to not go on the hike.
- Bring all your own supplies including first aid, mask (homemade is fine as long as it covers your mouth and nose), hand sanitizer, food and water. Do not share food with other members who are not in your household.
- Practice social distancing measures by remaining at least six feet apart at all times.
- Offer a wide berth when passing and if approaching from behind, say a friendly "hello, passing on your left."
- Cover your cough with a tissue, then throw away (put in baggie or pocket) or cough in your elbow.
- Leave no trace: pack out everything you bring with you.